



Assumption Junior School

Newsletter September 2022



Welcome Back!

A big warm welcome to all the new families who have joined our school in the past few weeks. This year we have welcomed 120 new Junior Infants to our school and there have been new arrivals into almost every other class in the school! The boys and girls across our classes are having a great time, making new friends and getting to know each other. A big thank you also to our parents who have extended the hand of friendship to our new parents in the yard before and after school. It is often harder for us mums and dads to adjust to a new school than it is for our children so please continue to give a warm welcome to all our new families.



It's been a busy month for our new Junior Infants!





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Healthy Eating in School

We have a number of children across the school with severe nut allergies. For this reason, all our classrooms are nut free zones. We would ask you to consider this when planning your child's lunch for the week as products containing nuts will have to be sent home uneaten.

One of the policies we developed last year was a new Healthy Eating Policy. You can find it on our website here: <https://www.assumptionjns.com/healthy-eating-policy.html>

Parents/guardians can support our healthy eating policy by **not** including these items in lunches:

- Sugary drinks, e.g. fizzy drinks and energy drinks
- Crisps
- Chocolate (or anything containing chocolate).
- Sweets or lollipops
- Biscuits/chocolate or candy bars

We were delighted to be included in the free school lunches scheme this year and Glanmore Foods who supply our lunches work hard to promote healthy eating in schools and reflect the aspirations of our policy. We are looking forward to the launch of the Glanmore App through which you will be able to change your child's lunch order easily. We will notify you of the details as soon as the app is up and running. If your child is availing of the free school lunch, there is no need to send extra food to school with them.

Safety in the School Grounds

It is great to see so many of our pupils walking, cycling and scooting to school. We have provided bike and scooter racks at the front of the school. We remind you that all cyclists and people on scooters must dismount when in the school grounds. Due to the number of children on the grounds cycling and scooting pose a very real safety threat, especially to our younger children. Thank you for respecting this. Please do not allow children to swing on the traffic barriers or to walk under closed barriers and never cross the perimeter wall to get into the school grounds. It is extremely dangerous and has led to serious injury in the past.

Enrolments

Enrolments for our Junior Infant and ASD classes opened on September 26th. Please return enrolment forms and any requested accompanying documentation to the school office by October 17th. Further information and enrolment forms can be found on our website: <https://www.assumptionjns.com/enrolment.html>



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The Great Outdoors

We are very fortunate to have beautiful green spaces around our school grounds and our classes have been making the most of these areas while the weather has been kind. We are enjoying exploring Autumn at school in all our classes.



Upcoming Events

Fancy Dress Day – October 28th: All children may come to school in fancy dress on Friday, October 28th. Please ensure that your child is wearing something warm and has suitable shoes (runners for example), to wear on yard.

Spooktacular Sponsored Walk: Our annual sponsored walk will take place on Friday, October 28th. Please return all sponsorship cards by this date and thank you for your continued support.